

The Müttertreff Moosach e.V...

- ... was founded on December 1st 1987 as a meeting place for mothers and fathers of all backgrounds, sharing the common feature of being "people who live with children".
- ... is a space for families with young children to get to know each other, independent of their nationality and social status.
- ... provides the opportunity to put one's own ideas into practice: all women can take part in the decision-making process.
- ... is a space for forming new social networks and countering the effects of anonymity in the neighbourhood.

The aims of the Müttertreff Moosach e.V. are ...

- ... to support women in their role as mothers and strengthen their self-image.
- ... to encourage understanding and tolerance in a group.
- ... to support and further the skills and talents of the individual, e.g. through courses, teamwork, childcare, training programmes.
- ... to collate and pass on information that is relevant for families in the neighbourhood.
- ... to make the broader public aware of the necessity of such centres for mothers through regional and national networking.
- ... to emphasize the importance of the centre for the neighbourhood through active participation on various committees.
- ... to put the concerns of women and families on the political agenda.

WHAT WE OFFER:

- ✓ **Regular Programme:**
Open meeting-place (no registration necessary), snack bar, always two of our members there to welcome you, lots of space and play area for socialising, well-stocked book-cupboard, magazines, information file. Your first visit is free.
- ✓ **Groups:**
Open baby-group (0 - approx. 9 months), no registration necessary; Miniclub (from 18 months); "mums and toddlers" (from approx. 9 months).

- ✓ **Kourses, talks:**

Creative dancing for children, belly dancing, fitness training, aerobics, yoga, ante-natal classes, post-natal gymnastics, handicrafts, talks about health and child-raising etc. - with free child-minding during the day.

- ✓ **Events, Parties:**

Annual Moosach cultural festival, Moosacher Dorffest (Moosach village festival), family brunch, children's carnival, "St. Nikolaus" party. Other annual events, such as "World Children's Day", "World Women's Day". Events in our nearby shopping centre (Olympia Einkaufszentrum).

- ✓ **Regular Secondhand-markets:**

for children's clothing, women's clothing, toys.

- ✓ **Opportunities:**

- ★ to help create an attractive centre for the whole family.
- ★ to discover and further new talents through active participation, which can also be useful in the working world.

ADVANTAGES FOR OUR MEMBERS:

- ✓ reduced fees for courses, talks, groups.
- ✓ special courses.
- ✓ use of our facilities for children's birthday parties at weekends.
- ✓ borrowing of books.
- ✓ a voice in all decisions concerning the MTM in our monthly "Plenum".
- ✓ participation in all our activities.
- ✓ weekend seminar and Christmas party
- ✓ no visitors' fee of 1,20 EUR.
- ✓ low membership fee of 36,- EUR a year.

WHAT WE NEED/WISH:

- visitors who become members.
- voluntary helpers, e.g. for our secondhand-markets, events.
- women who enjoy to set things in motion in a group.
- ideas, creativity, social commitment, initiative, team spirit, reliability, experience from the world of work, talent.
- donations and sponsors.
- our visitors to tell friends, acquaintances and companies about the purpose and benefits of our association.